

Hi Everyone,

Welcome to Rising Stars!

My name is Daniela, and I am one of the coaches here at the Kimberley Skating Club and the Director of Group Programs. Please direct any questions or concerns about any of the following information to headcoach@kimberleyskatingclub.com and I will get back to you as soon as possible!

What to expect

Rising Stars is a continuation of the Canskate program with the emphasis on the figure skating aspect of the sport. Skaters continue to work through their Balance, Agility, and Control ribbons and Canskate badges outside of the group circuits utilized in our Canskate program.

The program will be coached by myself, Jessica Grajczyk, and Kelsey Paterson along with help from Genevieve Edwards and at times, our Senior Program assistants.

Equipment

- Skates (please check that they have been sharpened prior to skating)
- CSA- approved hockey helmet (until STAGE 5 is passed – we will do a quick evaluation of all skaters on the first day)
- Mittens/gloves
- Tights or long fitted pants that allow for movement. Jeans and skirts are not allowed, unless they are skating skirts.
- Warm Sweaters or jackets without hoods that allow for movement.
- No hats or toques. Headbands are a great way to keep ears warm when its really cold.
- If you are no longer in a helmet, please ensure hair is tied back neatly off the face, including bangs.

Schedule

September 3rd - December 15th on Monday's from 3:30-4:30pm and Wednesday's 3:45-4:45pm

The sessions will be a joint practice with the Junior STARskaters to allow the Rising Stars to see the next level of their skating journey and allow for crossover when the skaters are ready. We will be coaching the skaters separately in their respective groups but, at times, may pull them together for warm ups.

Please check the front page of our website for Rising Stars information and updates.

There will be no skating on Monday October 14th for Thanksgiving. Our fun days will be September 24th Pajama Day, and October 29th Halloween Dress up Day. Please ensure

that Halloween costumes are skating appropriate (not too long) and don't include masks that obstruct vision. We will have our Ice Show on Saturday November 22nd and more information will be sent out in the next month. Our Family Christmas Skate is on December 17th and marks the end of our Fall/Winter session. Again, more information will be sent out as we get closer.

I look forward to seeing you all on the ice

Regards,

Daniela Hewison